

# Get Social Promo

When? **From March 3<sup>rd</sup> to April 26<sup>th</sup>**

How does it work? You will earn tickets for the following:

## Car Sticker – 1 ticket

(tag a photo on Facebook of your Milestone CrossFit car sticker – if you're not on Facebook, drag your coach out to parking lot to verify)

## Facebook Check-in – 1 ticket

(get a ticket for each Facebook check-in. When you check-in, you need to use **#milestonexfit**. You can only check-in to your class, you can't have more check-ins than the days/week on your membership. You can check-in at gym events (Open WOD's, Jump rope clinic, etc. If you don't have Facebook, you will get a ticket for your attendance as long as you're on the whiteboard)

## Facebook Page picture comment – 1 Ticket

(On the pictures of our members, you will get a ticket for each nice comment you write & will lose 2 for any bogus comments. This only applies to pictures of our members, but *feel free to like, comment & share all of our other killer posts*).

## Facebook Page review – 2 Tickets

(Rate & write a review on our Facebook Page & get 2 tickets. If you already reviewed us, you get 3 tickets!).

## Video – 4 Tickets

(You can either have your coach record your video (time permitting) or record a video on your own and **send it** to us (not post). We will add them to YouTube and link them on our website. You can answer a couple of the questions below. Try to keep the video to 2-3 minutes long).

Q1: What was the hardest part about starting CrossFit?

Q2: What are you most proud of?

Q3: How is CrossFit different from other programs you've tried?

Q4: What is so special about the CrossFit Community?

Q5: What's different about Milestone CrossFit?

## Bring a New Friend – 2 Tickets for 1<sup>st</sup> visit, 1 ticket for other workouts

(For each new friend you bring to either Saturday workout or a free class (only 1), you get 2 tickets. Bring someone that has already been at Milestone, but not a member, get 1 ticket each workout).

Each Wednesday we'll post the ticket totals.

The Drawing will be held @ our Crawfish Broil on Sat, April 26<sup>th</sup>. Must be present to win! (unless you have a *rock solid excuse*)

Prizes (gift cards can be used for membership or ZP store purchases):

\$250 Milestone CrossFit Gift Card

\$100 Milestone CrossFit Gift Card

\$50 Milestone CrossFit Gift Card

Miscellaneous goodies